Fort Riley



Post-wide Swim Meet

Soldiers competed for top swimming honors and Commander's Cup points at Eyster Pool

See Page 5

March 1, 2002

Proudly serving the Home of America's Army

Vol. 45, No. 9

Deployment briefings ease transition

FRIDA

By Jeremy Heckler

19th Public Affairs Det.

When soldiers deploy worldwide, they leave

when solders deploy worldwide, they leave pouses and family members behind to deal with a rariety of personal issues. Family Member Deploynent Briefings help families deal with those issues. "This is the civilian equivalent to Soldier Readiless Packet briefings we hold for soldiers," said Jeorgia Solseth, family readiness group advisor, Old Expressed Support Patteliers. Olst Forward Support Battalion.
"This is a deployment brief for family members,"

aid Bess Stone, Family Readiness coordinator.
Stone said that at each briefing the unit commanler briefs spouses on the unit's mission as well as provides point of contact information and emergency numbers in case any problems arise.

This is the battalion commander's opportunity o talk to families in the unit so they know where to 50," said Stone.

After the commander's briefing, installation gencies provide information to families on the serthey

offer. "People who "We bring aren't here come n resource gencies for back later because upport ser-rices so that they didn't get the amilies have information,' chance to

sk questions

ind put their

ffairs order,"

Bess Stone Family Readiness Čoordinator

"For every type of problem or hardship there is in agency that provides answers," said Solseth. The Red Cross is here so family members know low to contact soldiers in case of emergency. The Family Advocacy Program, Chaplain's Office and Army Community Services are here to help soldiers vith any personal problems they may have."
"We are part of the rear detachment here and we

alked to family members and told them who we are ind how to contact us," said Chaplain (Capt.) Grady Jentry, 1st Battalion, 34th Armor. He said they are wailable at any time to listen to soldiers and their

"When family members come in, I listen to their oncerns and watch for keywords that might give ne a hint of the source of the conflict then I work hose areas of conflict by using scriptures to find omfort," said Gentry.

While many families treat deployments as a nor-

See Deployment Page 3

Military Archbishop prays with troops

Riley's Conference Cen-Riley was near Manhater Feb. 20, the smell of reakfast was on most of heir minds.

However, a special uest speaker, not food, s what brought all of the oldiers together.

ime, shared his thoughts nd comments with sol-Prayer Breakfast at Riley's.

"It is a privilege to be iere at Fort Riley for the

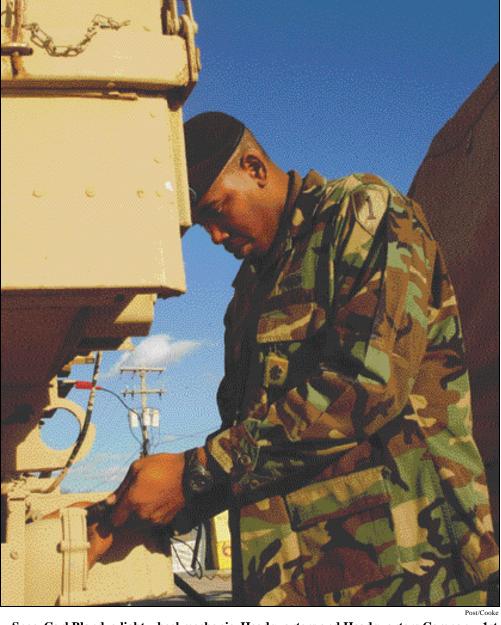
By Kevin Doheny
Staff Writer
first time," said O'Brien.
"I'm a native New Yorker and a world traveler. As soldiers filed in to So, when I saw that Fort tan, I smiled, and said 'Great.'

"When I was a young cadet, he (O'Brien) was the parish priest at West Point," said Maj. Gen. Thomas Metz, com-Archbishop Edwin F.
D'Brien, who visited ort Riley for the first and Fort Riley.

Archbishop Edwin F.
manding general, 24th
Infantry Division (Mech) and Fort Riley. manding general, 24th

"He worked with many of the soldiers liers during the National who went straight over to Vietnam. His inspiration helped many."

See Prayer Page 3



Spec. Carl Bland, a light wheel mechanic, Headquarters and Headquarters Company, 1st Brigade Combat Team, preps his vehicle for deployment.

Soldiers pack for NTC

By Steven Cooke

19th Public Affairs Det.

Continuing to prepare for this month's trip to the National Training Center, soldiers have begun packing the tools necessary to complete their mission in

tainer in which you put anything you need to deploy that cannot fit in your vehicle," said Capt. Scott Gilman, commander, Headquar-ters and Headquarters Company,

1st Brigade Combat Team. For the past three weeks, Headmplete their mission in quarters and Headquarters Com-pany, 1st Brigade loaded their "A CONEX is a shipping con-equipment and belongings into



PFC Gerald Rinehart (left) and PFC Josh Michaels, Headquarters, Headquarter Company 1st Brigade, remove parts from a Humvee for transportation to the NTC.

"We start preparing six months out for NTC," said Gilman. "We finalize everything in the two weeks to a month before we actually leave.'

Gilman explained that the Brigade logistics staff organizes the whole process. The first part of the process is to contact the NTC and find out the specifics of the operation. How many people can be brought? Which equipment and vehicles should be brought? How many vehicles and how will all these be brought out? The answers to these questions provide pertinent information.

Over the course of the six months, situations change like people leaving or coming to the brigade, changing its size, thus changing its needs. So, nothing is finalized until the last month or so. Once things are, they can begin to pack the CONEXs.

"The company will share five CONEXs for all the units and detachments," said Gilman.

Soldiers from each unit spend two to three days packing the

See Packing Page 3

Victims' Fund reaches cap at \$4.4 million

By Bill Roberts

Army News Service

WASHINGTON—The Pentagon Victims' Fund, administered by Army Emergency Relief, has received \$4.4 million and is no

longer accepting donations.
"We set up the fund with two missions: to meet the emergency financial needs of the families of those who died in the attack and to set up a scholarship program for the 35 chil-dren of the victims," said Gregory W. Mason, deputy director for finance and treasurer, Army Emergency Relief.

"We have received pledges and donations totaling \$4.4 million, which is adequate fund ing to meet both of these missions and we had to be honest with the donors to be sure their money went to meet the needs of the families," Mason said.

One of the larger donations to the Pentagon Victims' Fund came from Lockheed Martin Corp. Secretary of the Army Thomas E. White received a \$500,000 check from Dr. Vance Coffman, CEO of Lockheed Martin in late January.

The money was donated by Lockheed Martin employees from around the world and by the corporation.

Army chaplains around the world had also been collecting donations for the victims and donated \$177,000 to the fund in November. The donations came from chapels around the Army with \$100,000 specifically coming from chapels in U.S. Army Europe.

'The amount of the donations isn't the biggest factor; the smaller ones from people around the country are just as important as the large corporations," said Mason. "Some of the letters we received with the donations were amazing. One little girl sent us her allowances that she had been saving and money she made from a lemonade stand," Mason said.

"We have never seen this level of generosity before in any fund drive. The outpouring of gifts and support has been absolutely overwhelming," said Mason.

Other donations came from Army Staff

Sgt. Christopher Braman, who risked his life to help others Sept. 11. His story has been told on Oprah Winfrey's television show and he was selected to be an Olympic Torch Bearer at a special ceremony at the Pentagon Dec.

He now does speaking engagements and donates any money received for them to the Combined Federal Campaign. Money received for his speeches prior to Feb.1 was given to the Pentagon Victims' Fund.

Braman's actions on that day cost him a great deal. He has, among other things, chemically induced asthma from the toxins he inhaled making numerous trips back into the burning Pentagon to save his friends and coworkers.

"Even though I got sick, I have no regrets, none whatsoever," said Braman. "My parents taught me what is right and wrong and the things I stand for. I did what I knew was

The Army is currently allowing Braman to speak at various events about his experiences Sept. 11 and in December when he became an Olympic Torch Bearer. His most recent one was at Lane Elementary School in Alexandria, Va., Feb. 11. He was interviewed by two children from the school's Student Council Association.

During the interview he talked about carrying the Olympic Torch and the importance of doing what is right.

"I have to stand up for what I believe in. I believe it is important to help people wherever and whenever I can," Braman said.

Mistaken identity' cited in Fort Bragg shooting

By Kyle J. Cosner

Army News Service

FORT BRAGG. N.C.—An officer vas killed and another soldier injured Feb. 23 in a training exercise near Fort 3ragg when a sheriff's deputy shot them n what has been called "a tragic case of nistaken identity and fatal misunder-

Health of the Carolinas in Pinehurst, N.C. family."

The two soldiers thought Butler was a participant in the training exercise known as "Robin Sage," said Col. Charles King, 1st Special Warfare Training Group (Airborne) commander, speaking at a press conference Feb. 26.

King offered condolences to those involved in the incident.

"All of us in the Special Warfare

King said the use of local law enforcement in Robin Sage is not uncommon. The use of civilians allows for realistic portrayal of a native population during Robin Sage, which takes place in the notional country of "Pineland."

"Some of the auxiliary are in fact police officers," King said.

two soldiers and the sheriff's deputy is

Robin Sage is the final phase of training for soldiers enrolled in the Special Forces Qualification Course, said King.

"It is the culminating exercise and rep-

"Clearly, in any action there is a cause," said King. "We have not yet determined what that was."

of the previous combat operations (during the exercise), and it is clear that the sheriff's office knew, in a general sense, of Robin Sage. We did not coordinate with them about the specific reconnais-"At 2:30 p.m. that day they were resents their provisional qualification as a sance activities of these two soldiers the

the "our rules" to report violations to the Housing Office at 239-6936.

Disturbing the peace violations, domestic disturbances and other

crimes should be reported immediately to the MPs at 239-6767. Any-

one who sees such activity and

ignores it does an injustice to

great place to work and live. It's a

great place to raise a family and

it's a great place to be an Ameri-

can. It is up to all of us to do our

part to keep the communities safe

and a place where we feel good

meet their responsibilities head on

by following the rules and reporting violators to the proper authori-

I am committed to ensuring Fort Riley provides residents the best

environment in the Army to work,

relax, raise our families and live.

WALLACE THEATER CORP.

1 x 3"

Black Only

new times

House Ad Please Fill

All residents need to step up and

about living and raising children.

I truly believe Fort Riley is a

themselves and their neighbors.

<u> Garrison Commander speaks . . .</u>

Army values, know and live by them

It is time for another update on he efforts we continue to make to mprove the quality of life for the nilitary families and single solliers that live within the "city lim-ts" of Fort Riley. As we all know, the post has

ules, regulations and laws for heir residents to follow in order to naintain the quality of life for all vho live there.

The purpose of these "rules for iving" is to minimize problems ssociated with living in close proximity of one's neighbors. vhile at the same time promoting armony and a feeling of commuity among residents of widely liverse backgrounds and interests. If everyone follows the rules, ife on Fort Riley will be more njoyable for those who live and vork on the post.

These requirements apply not ust to families but also to the sinle soldiers who live in the baracks. We have a few irresponsible esidents who lower the quality of ife for the others who live in the arracks and housing areas.

These folks have vandalized moke detectors, sprinkler heads nd had fire extinguishers fights in he barracks.

This vandalism activates fire larms resulting in the evacuation of the building as well as requiring he Fire Department to respond. Since October, the beginning of he fiscal year, we have discovered ens of thousands of dollars in lamages to barracks alone.

Although the numbers seem

mall these incidents unnecessariy reduce the very limited dollars ve have to maintain the barracks.

The chain of command investi-;ates these incidents and takes ppropriate action on those indi-iduals responsible for the damge. All responsible soldiers can ssist in these situations by ensurng that irresponsible soldiers are rought to the attention of the Thain of Command.

One of my highest priorities as Jarrison Commander is to equiably and fairly enforce Housing ules for the benefit of all who live on the installation. Living in quarers is a privilege and not an entilement. All of us who live on Fort liley should not take our neighorhoods and excellent housing or granted.

We all have a responsibility to

our families and our neighbors to ollow the "rules for living". These rules are listed in the Housng handbook that each resident eceives upon signing for quarters. New editions are available from he Housing Self-Help Store. The current edition is dated

August 2001. We all must be amiliar with these rules and nsure our family members and uests likewise know them.

These rules are simple, straight orward, and mostly common ense. They include items such as ontrolling ones pets, being con-iderate of one's neighbors by not naking loud noises, playing music oo loudly, and maintaining your ard in a neat and clean manner. some of the rules involve obeying he law (also a common sense pplication) regarding drugs, pub-ic drunkenness or domestic bat-

Last year, I instituted the Qualty of Life Council.

This council continues to be usy reviewing cases brought efore them for misconduct that ias an impact on quality of life of ort Riley residents.

The Council includes represenatives from Public Works, Direcorate of Community Activities. Judge Advocate, Provost Marshal, MEDDAC and units. Generally, the first time a family is nvolved in a minor incident of nisconduct, the Council recomnends that the family receive a varning letter that will be sent hrough the soldier's chain of ommand, advising the soldier hat any additional incident may esult in terminating their family rom government quarters. When family is on the waiting list, an ncident could result in the family eing removed from that list. The

ANIMAL CARE CLINIC 1 x 4" Black Only Turkey Federation

the family should be evicted or a family member barred from entering Fort Riley.

All too often, adolescent children are barred from post due to misconduct; causing families to make extremely difficult decisions. Rest assured, the Council's recommendation fits the violation. The more severe the violation, the

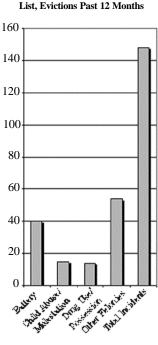
Townhall Message:

By Col. Philip Pope Garrison Commander

more severe the consequences.

In the last 12 months, the Quality of Life Council has reviewed 148 incidents that resulted in 78 families receiving a warning, 49 family evictions and removal of 21 families from the Housing waiting list. Of these, 40 were for battery, 15 for child abuse/molestation, 14 for drug use/possession and 54 for other types of

Ouality of Life Council Warnings, Removal from Waiting



Council also considers whether felony violations. Considering a the family should be evicted or a host of factors, not to mention several hundreds of dollars saved each month living on post, I continue to be surprised by soldiers and spouses who put their family's welfare at risk as a result of their poor decisions and conduct.

Several actions were the result of misconduct on the part of guests. Residents are responsible for the actions of their guests as guests are held to the same standard as a member of the family.

A guest's failure to follow the 'rules" can result in the individual being barred from the post as well as the resident receiving a warning or if a severe violation, the loss of quarters for the military family.

Fires caused by negligence or hazardous situations are another area that may result in your eviction from quarters. We have had several families receive warning letters for unattended cooking. We have also evicted families whose homes were such a fire hazard that they threatened the lives of the other residents.

Cooking fires can occur easily if the resident steps away from the kitchen during the meal prepara-

Fort Riley has had several fires over the year that occurred as a result of a resident cooking leaving the kitchen to answer the phone in another room. In their absence, the fire ignited and quickly spread to the cabinets and

Residents are responsible for damages in cases caused by their negligent conduct.
We sometimes have situations

where neighbors can't get along. The disagreement could be over children, pets or something as simple as mowing the lawn.

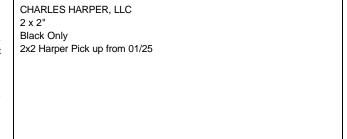
Each resident has their own opinion of what the other one is doing wrong and it's always the other party's fault.

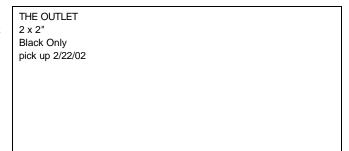
We will work with each family

to resolve issues as they arise. If the issues cannot be resolved, the families involved have two choices: they can decide to get along or risk the possibility of both being required to relocate off-post.

I ask every member of the com-

munity who observes violations of





SIRLOIN STOCKADE- JC Black Only Saturday and Sunday Breakfast

Shooting continued from page 1

case of mistaken identity and an ongoing internal Army inves-fatal misunderstanding," King tigation, is what elements in our said.

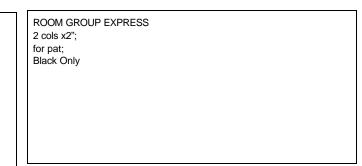
"We accept the conclusion of the district attorney that Deputy Butler acted with the belief that he was in imminent danger and responded according to his training. We also believe that the soldiers were convinced that the police officer was role playing (in the exercise), and they were acting as part of a legitimate training exercise. We consider this a case of mistaken identity," said King.

When he pulled them over, Butler noticed the soldiers were carrying a bag with a partially disassembled M-4 carbine rifle, said Carter. Tomeny and Phelps were wearing civilian clothes at the time to avoid detection during their mission.

"Our concern, and the focus of tigation, is what elements in our standard operating procedures and administrative instructions to students may have contributed to this accident," said King.

"We have immediately ceased any role playing with law enforcement in the area (and) we have precluded the use of civilian clothes by our students," King said. While the 1st SWTG is taking steps to preclude further confusion, soldiers will continue to train and qualify at Robin Sage until the exercise's scheduled end March 2.

King said the Special Warfare Training Group is attempting to find out how it can better communicate with law enforcement authorities during future Robin Sage exercises. "We are looking into how we can do this better."





MANHATTAN ADVERTISING AGENCY 2 x 2" Black Only	
2x2 Manhattan Advertising	

GEICO- ARMED FORCES COMM Black Only Called Up

Deployment continued from page 1

nal occurrence, these briefings are designed o put information in the hands of family

nembers. "For a lot of family members this is edundant, but phone numbers change and points of contact change plus this is an pportunity to talk to the chain of command nd find out who to talk to," said Stone. "We Iso try to reach new spouses and get infornation to them should problems arise."

nost help are those who don't attend the riefings.

"People who aren't here come back later because they didn't get the information,"

"Some family members don't know who to call when there is a death in the family or don't know to show their LES in order to get their WIC voucher," said Solseth. In addition to providing information, the family readiness groups also set straight misinformation spouses might have received earlier.

When problems do arise, family readiness groups step in where they can to help out.

We try to calm them down and let them Stone said the people who may need the know that the problem can be solved and then link them with someone who can help them out," said Solseth.

> She said that the briefings allow families to become self reliant so they don't have to rely completely on the soldier.



Mary Ball provides information to Spec. Charles Miller during a deployment briefing.

Ten feared dead in MH-47 crash

From Army News Service

WASHINGTON—Eight soldiers and two airmen are missing and feared dead following the crash of an MH-47 helicopter Feb. 22 in the Philippines.

The chopper crashed into the sea while flying from Basilan Island to Mactan Air Base. The accident occurred about 120 miles north-northeast of the city of Zamboanga on the island of Min-

There was no sign of hostile fire, according to military officials. The service members on the helicopter were supporting the U.S. effort to train and advise Philippine forces in their fight against global terrorism, said U.S. Pacific Command officials in Hawaii.

The following missing soldiers are assigned to the 160th Special Operations Aviation Regiment from Fort Campbell, Ky., and are presumed to have been aboard the helicopter: Missing are: Maj. Curtis D. Feistner, Capt. Bartt D. Owens, CWO 2 Jody L. Egnor, SSgt. James P. Dorrity, SSgt. Kerry W. Frith, SSgt. Bruce A. Rushforth Jr., Sgt. Jeremy D. Foshee, Spec. Thomas F. Allison

The two missing airmen are assigned to the 353rd Special Operations Group, Kadena Air Base, Japan: MSgt. William L. McDaniel II and Staff Sgt. Juan M. Ridout.

Search and rescue efforts continue.

Packing continued from page 1

CONEXs themselves.

"We prepared to pack for about two to three weeks and have been packing in the CONEX for a few days," said PFC Justin Korber, intelligence analyst, HHC, 1st BCT.

Packing the CONEXs has meant a lot of long days but it's not that bad. Korber said.

"We've been working late packing for about 11 people but everybody's been contributing,' said Korber.

"It's not that bad," said PFC Ray Joyce, HHC, 1st BCT "You have to do what you have to do to be ready."

Depending on their job, some soldiers are not only packing for themselves or their section but for their whole unit.

'We're packing for about seven said Gilman.

people but we're taking supplies for about 100," said Spec. Beau Vincent, HHC, 1st BCT supply.

Though Vincent is looking forward to NTC, he admitted that, "The worst part about prepping is that it seems like you never go home, you just pack and pack."

For the first-timers, learning the ropes can be a difficult process.

"The worst part is just the confusion from not knowing how to do it," said Spec. Catherine Shurtleff, HHC, 1st BCT supply.

Indeed the CONEX process is not a simple one. The trick is to figure out the best way to utilize the space available

"We did an abbreviated planning exercise to figure out how best to configure each CONEX,"

Prayer continued from page 1

O'Brien is the Archbishop for the Military Services, and has served as Coadjutor Archbishop for the Military Ser-

After attending the Prayer Breakfast, he traveled to St. Mary's and Kapaun Chapels. At Kapaun Chapel, he spoke with Fort Riley's Unit Ministry Teams and observed and spoke at the dedication of a mural dedicated to Chap. (Capt.) Emil Kapaun.

When we bless a picture or a statue, we must look at the representation of those who have followed God faithfully, so that we will learn the way, which will enable us most truly to obtain complete beauty with the Lord," said O'Brien.

The Kapaun mural was unveiled during a service at the chapel named in his honor.

Kapaun, who served in both World War II and the Korean War, is known for being an outstanding soldier while serving his country and sharing his religious beliefs.

"He was a godly man who allowed his body to go through very tough times," said Metz. "I am so very proud to be involved with this great ceremony.

"This is an outstanding day for people looking for heroes and role models," said O'Brien. thing like this would be taking ety, USA.

place today. He willingly and joyfully carried the day. He never forgot that his God was in charge, and that he teaches us

things everyday." After the dedication, O'Brien headed to Manhattan Regional Airport and continued

on with his busy schedule. From the Prayer Breakfast to the dedication, O'Brien influenced someone with his knowledge of God and military men and women.

O'Brien, earned a Bachelor's degree from St. Joseph's Seminary and College, and Master's degree and Master's of Divinity degree from St. Joseph's as well.

He also earned a Doctor of Sacred Theology degree from Angelicum University in Rome, Italy. He was then ordained a priest for the Archdiocese of New York in 1965.

His military service includes service as a parish priest and civilian chaplain for the United States Military Academy, Chaplain for the 82nd Airborne Division, Chaplain for the 173rd Airborne Brigade in Vietnam. and Post Catholic Chaplain in Fort Gordon, Ga.

O'Brien is a member of the National Conference Catholic Bishops, St. Joseph's Seminary Board of Trustees, "We have here a man who I'm and Fellowship of Catholic sure had no idea, that some- Scholars and Canon Law Soci-

HOUSE ADS 6 x 13.5" Black Only AUSA--if possible

Easter Sunrise Service

The Fort Riley Community Easter Sunrise Service will be ield at the Outdoor Chapel March 11 from 6:30-7:30 a.m. Morris Hill Chapel is the inclement veather site. Speaker for the serrice is Pastor Brad Dyrness from he Church of the Nazarene in unction City. A breakfast brunch vill be served after the service.

Thrift Shop News

The Fort Riley Thrift Shop will e open for business on Saturday rom 10 a.m.-1 p.m. Consignnents will be accepted from 10 .m.-noon. The Thrift Shop is curently seeking furniture consignnents and has also begun acceptng spring clothing consignments.

The Thrift Shop is open Tueslays, Wednesdays, Thursdays rom 9:30 a.m.-2:30 p.m. and the irst Saturday of each month from 0 a.m.-1 p.m.

Please call 784-3874 for more nformation. The Thrift Shop enail address is thrift@ozonline.net, for customer questions or concerns.

Spring Carnival

Fort Riley Elementary School vill host its Fort Riley Elemenary Spring Carnival on April 20 rom 4-7 p.m. There will be efreshments, games, entertainnent and many other activities.

For ticket information call 784-

Community Action Council scheduled

The next Community Action Council is scheduled for March 27. from 9:30-11 a.m. at Riley's Conference Center.

Volunteers recognized

The annual Fort Riley Voluneer Recognition Ceremony has een scheduled for April 22, from 7-8:30 p.m. at Riley's Conference Center. The ceremony will kickoff Volunteer Recognition Week April 22-26.

Special Forces Visit

A Special Forces recruiter will be visiting March 18-22. Briefin-s will be held at the Post-Reup 3 Idg. 7626. Times are: 10 a.m. nd 1:30 p.m. each day, with an additional brief at 6 p.m. March 9 and 21. The PT test will be onducted at Long track at 7 a.m., vlarch 20, 21, 22. Candidates will vear BDUs and running shoes. For information, call SFC lawkins at (719) 510-4493.

Bowling Tournament

Officials announce

Sunday, March 17 from 2-6 p.m. Entry fee per bowler is \$12.50. Sign-up and information on the tournament is available by calling

Irish Celebration

The Armed Services YMCA is sponsoring Ireland In Song featuring Tony Kelliher, "Ireland's ambassador of entertainment," in concert at 6 p.m. March 15 at 2307 N. Jackson in Junction City. A traditional Irish dinner and beverages are included in the \$15 ticket price. For information, call 238-2972.

Fine Art Auction

evening of fine art.

There will be a fine art auction at the Riley's Event Center tonight beginning at 6 p.m. with complimentary hors d'oeuvres and the auction beginning at 7:30 p.m.

The auction will begin at 7:30 p.m. There is no admission fee. Invite your family, friends, coworkers and neighbors. Open to the public.

8-Ball Tourney

Fort Riley's Sports USA will join other Sports USAs across the Army participating in an 8-Ball Pool Tournament, tonight and Saturday night.

Women's History

The Installation Equal Opportunity Office will sponsor Fort Riley's celebration of Women's History Month on March 20 at Riley's Conference Center from 11:30 a.m.-1 p.m. The theme for this year's observance is "Women Sustaining the American Spirit." The program is free and open to all soldiers, their families, civilian employees, and the surrounding

Vehicle Auction

The Directorate of Community Activities Morale, Welfare and Recreation will conduct its next Abandoned Vehicle Auction March 30, from 10 a.m.-2 p.m. Location for the auction will be Camp Funston near the Defense Reutilization and Marketing Office Bldg. 1950 L Street. Vehicles with trailers should enter the Camp Funston area at the 12th Street entrance off K-18. A public viewing of the vehicles is scheduled March 25-29 from 8 a.m. to 3 p.m.

Riley's Easter Brunch

Rilev's Conference Center will host an Easter Brunch, 10 a.m. to 2 p.m., March 31. The brunch will Custer Hill Lanes will host a feature a wide variety of breakfast St. Patrick's Bowling Tournament and lunch selections. Prices are

long-term care plan The U.S. Office of Personnel ment of Labor, members or for-Management is sponsoring a mer members of the uniformed services entitled to retired or insurance program for members retainer pay, and retired military reservists at the time they

high-quality long term care of the Federal Family. We contracted with Metropolitan Life Insurance Company and John Hancock Life Insurance Company, who have come together as LTC Partners to provide this insurance.

The long term care insurance program is not available yet, but it will be soon. Officials will have an early enrollment opportunity from March 25 through May 15 and an open season from July 1 through Dec. 31.

Eligible Groups

Officials estimate the "Federal family" could approach or exceed 20 million people. As specified in the law, individuals eligible to apply for this insurance coverage are:

Employees Federal employees (including employees of the U.S. Postal Service and Tennessee Valley Authority, but not employees of the District of Columbia Government) and members of the uniformed services

qualify for an annuity. ·Current Spouses of employees and annuitants (including survivors receiving a survivor annuity from the uniformed ser-

vices). 'Adult children (at least 18 years old, including adopted children and stepchildren) of living employees and annuitants

·Parents, parents-in-law, and stepparents of living employees

(but not of annuitants)
The law gives officials authority to issue regulations to cover other relatives, (for example, grandparents, brothers and sisters, foster children, etc.). Officials can add these groups at any time. However, given the size of the program already, and the education and communication challenges before us, there is no reason to increase, no matter how slight ly, the risk of a successful program launch.

Therefore, officials will not be adding any additional groups · Annuitants - Federal annui- of relatives in the near future.

retirees and seniors, \$7.95 for children six to 12 years old and free for children under six.

The third annual children's Easter Egg Hunt is also planned for the Riley's grounds beginning at 1 p.m. Reservations for the Brunch are recommended and can be made by calling 784-5999.

St. Patrick's Bowling

Custer Hill Lanes will host a Sunday, March 17 from 2-6 p.m. Enter fee per bowler is \$12.50. Sign-up and information on the tournament is available by calling 784-4868.

OCSC invites you to an Requests For Donations

The Community Assistance Committee of OCSC is accepting requests for donations from Fort Riley organizations until March 20. Requests postmarked after the 20th will not be considered. Requests must be written and include the requesting organiza-

KANSAS PRESS

SUNSHINE SERVICES

2 x 2"

2 x 3"

2x3 ad

Black Only

Black Only

aicombo

\$12.95 for adults, \$11.45 for tions address, point of contact, phone number, the specific purpose of the funds, and the funds required. The OCSC will disburse the funds toward the end of April. Send all requests to: Officer's and Civilian' Spouses Club, Attn: Community Assistance Chair, P.O. Box 2482, Fort Riley, KS

St. Patrick's Bowling Tournament for spouses, graduating high school seniors and college students of any active duty, retired, or deceased military member from the greater Fort Riley comwill only be awarded for underschooling.

Shoppe, or The Soldier and Family Support Center or applications

66442 . Combined Scholarships

Scholarships are now available munity. Applicants must have a valid ID card and scholarships graduate programs or vocational

Applications may be picked up at the Junction City, St. Francis Xavier, or Manhattan High School Guidance Counselor's office, Fort Riley Thrift Shop, The

can be downloaded from our webwww.ftrileyscholar.com Scholarships will be awarded in May. Application deadline is April 5, 2002. For questions, call Dee Hayhurst at (785) 587-1933.

Officials Needed

The Fort Riley Sports Office is looking for officials for the sports of Soccer and Volleyball. Anyone interested in officiating either of these sports should contact Barry Sunstrom at 239-3945.

Soccer and Volleyball Sign ups Extended

The Fort Riley Sports Office has extended the deadline for battalions and separate units to sign up for the sports of volleyball and

soccer to COB March 5. If your battalion or separate unit is going to NTC and you wish to play either of these sports you MUST sign up prior to leaving. Your team will be put in a league and you will begin play as soon as you get back. To enter a team contact Barry Sunstrom at 239-3945.

AFTB Classes

Upcoming Army Family Team Building Classes are: March 13 and 27 at 6:30 p.m., at Bldg. 7264. These classes are open to all soldiers, family members, retirees and civilian workers. Call to register ahead of time so that there are enough materials/handouts prepared. For class topics, registration and information call Becky Willis at 239-9435.

FORT RILEY POST

This newspaper is an authorized publication for members of the Army. The contents of the Fort Riley Post are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or Fort Riley. The Fort Riley Post is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited and provided by the Public Affairs Office and Fort Riley. The Fort Riley Post is published by Montgomery Communications, a private firm in no way connected with the Army, under exclusive written contract with Fort Riley.

> Publisher-Maj. Gen. Thomas F. Metz Public Affairs Officer-Maj. Todd S. Livick Command Information Officer-Gary Skidmore Printer-John G. Montgomery Fort Riley Editorial Staff: Editor-James B. Pritchett Sports Editor-Spec. Kevin Doheny, Advertising Representatives Dawn Loduha, Jennifer Taylor

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Montgomery Communications of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the viola-

For business or advertising matters, call The Daily Union in Junction City at (785) 762-5000. For news offerings, call the Fort Riley Public Affairs Office at (785) 239-8851 or DSN 856-8851, or write to the Public Affairs Office Bldg. 405, Fort Riley, KS 66442-5016.

> Circulation 7,935 copies each week By mail \$20 per year A licensed newspaper member of the Junction City and Manhattan chambers of commerce

THE MARTIN AGENCY 4 x 10" Black Only Alltel

March 1, 2002

Proudly serving the Home of America's Army





Joon Baek, 924th Military Police Battalion, glides through the water during the 2nd heat of the 50-meter breaststroke Feb. 21 at Eyster Pool, finishing eighth in the event. Michael Rutledge of 2nd Battalion (TS) (FA), 289th Regiment took first

Week filled with tourneys

By Kevin Doheny

Staff Writer

When big events take place on Fort Riley, most people don't realize the work it takes to put on the respective events.

Such was the case when Fort Riley held three major sporting events this past week.

The post-wide swim meet was held at Eyster Pool Feb. 21, the post basketball championship was held at Craig Fitness Center Feb. 22 and Sunday, a post-wide racquetball tournament was held at King Field House.

There was a lot of coordination between the support staff, participating units, officials and other support personnel," said Jim Westerhaus of the Sports Office. them successful. "The fitness"

and assuring that everyone

many people who take special care when helping out with the events.

Sunstrom, intramural coordinator, spent the time figuring out the brackets for the basketball and racquetball tournaments, and Hedy Bailey, swimming program manager, had the lead on the swimming competition," he said.

the sporting events on Fort Riley have a channel and support staff,



David Brodick reaches the end of his 50-meter front crawl event. He finished with a time of 41.350 seconds.

"There is a considerable time Craig, Long and King Field from our patrons, who have some spent in schedule development House were very essential in receives the correct information."

Westerhaus also said there are

"As for this past week, Barry

Just as with most major events,

which work together to make "The fitness center staffs of

assuring the basketball tournament was successful," said Westerhaus. "It just gets down to the point were that everyone knows what it takes to make sure the event is a success.'

"Also, the seven member civilian support staff in the sports department has around 124 years of experience in working with recreational programs. My staff is very dedicated to the mission of serving the military personnel at Fort Riley.'

Westerhaus believes the key for making the games, meets, matches and tournaments successful is attributed to their Fort Rilev Sports and Partition Policy, FR Cir 28-02-7. He also said another important factor is the meetings held the second Tuesday of every month, which are used to provide unit representatives with current and correct information.

"It's hard to say how much preparation goes into an event," said Sunstrom. "We are always planning for future events."

The sports office said they get feedback from people on post and they are always looking for improvements.

"There is always room for improvement," said Westerhaus. "An after action review is prepared for each event listing the good and bad aspects of the event and what needs to be improved.'

'We always receive feedback

great ideas. I am always trying to find ways to improve the program we offer.'

As the games are on the brink for the spring season, there is no doubt the sports office will continue to improve quality of life aspects for Fort Riley soldiers.

Swim Meet Results

200M Front Crawl Relay (Men's) 1st Place Team: 924th MP 2nd Place Team: 4-1 FA 100M Individual Medley (Women's) 1st Sara Mylnek 924th 2nd Tonya Fyke 924th 100M Individual Medley (Men's) 924th MP 924th MP 100M Individual Medley
1st Michael Rutledge
2nd Larry Wilkens
50M Butterfly (Women)
1st Tonya Fyke
50M Butterfly (MEN) 4-1 FA 924th MP Andrew Lively 200M Freestyle (Women) 1st Sara Mylnek 924th MP 200M Freestyle (Men)
1st Peter Lanno
2nd Daniel Ross
50M Backstroke (Women) 4-1 FA 924th MP 1st Jennifer Waters 2nd Dawn Ripplemeyer 1st PSB 924th MP 50M Backstroke (Men) 1st Justin Leadbetter 2nd Michael Rutledge 50M Breaststroke (Women) 1st Dawn Ripplemeyer 2nd Tonya Fyke 50M Breaststroke (Men) 924th MP 1st Michael Rutledge 2nd Larry Wilkens 50M Front Crawl (Wom 2nd 289th 924th MP Sara Mylnew Jessica Hunt 50M Front Crawl (Men) 1st Peter Lanno 4-1 FA

2nd Andrew Lively
Team Awards
Womens 1st Place
2nd Place 924th MP 924th MP 1st PSB 924th MP

1st Place 2nd Place 4-1 FA

Doctor enhances Olympic mindset

By Brian Lepley

Army News Service

SALT LAKE CITY— Years of intense preparation earned five soldiers medals in 19th the just-completed Olympic Winter Games.

Coaches, trainers, and nutritionists in the World Class Ath- Jill in February 2000 it was a lete Program prepared seven of the Army biathletes' and bobsledders' bodies for two weeks of competition on the ultimate world stage.

Dr. Nate Zinsser handled the mental preparation.

"A great guy. He's helped me get a new outlook," said Spec. Mike Kohn, bronze medallist in the four-man bob-

"In training for the Olympics, every little bit counts. Whether it's nutrition, rest, weight lifting, sprinting, to mental training," Kohn said. 'For me he's been an inspiration. He's gone out of his way to advise on things and he's a great guy to talk to.'

Zinsser, director of the U.S. Military Academy's Performance Enhancement Center, lends his expertise to WCAP. He is not a psychiatrist, he says. His job is to get the athlete focused on a winning mindset.

"If you ask any participant in the Games here what percentage of your success at this level is directly related to your ability to be confident, focused and composed, they'll all say that's 60-80 percent," Zinsser said. "That's because everybody here is talented, everybody here has busted their butt to get here - they're talented, they're well-trained, they're totally fit, so what determines the difference? It's going to be who can throw away fear, who can deal with distractions, who can just let go of everything and just perform as if the results don't matter."

Distractions are many at the Olympics. Among WCAP's soldiers, no one dealt with more than gold medal bobsled driver Spec. Jill Bakken. The other U.S. bobsled driver, Jean Racine, was at the center of controversy after she switched brakeman Jen Davidson for Gea Johnson two weeks before the Olympic trials. Bakken also switched brakemen at the same time, from WCAP Spec. Shauna Rohbock to Vonetta Flowers. Racine took public heat because of endorsement deals she and Davidson completed.

'Jill handled everything as well as she could - she won the gold medal - but she could have used more time with Dr. Zinsser. The psychological part of the Olympics is so big," said WCAP Spec. Bill Tavares, U.S. women's bobsled coach. "I time with him. The stress levels

would have been a lot more manageable."

Zinsser's last work with Bakken came in April in sessions when she and Rohbock were training in Provo, Utah. His first contact with them was two years ago.

"When I first sat down with season where she was banged up. She said to me 'I want a lot more confidence," Zinsser said. "We spent three hours working through meaningful

definitions of confidence." Bakken's first interview upon emerging from her goldmedal winning run warmed

Zinsser's heart. "It was wonderful when she got out of the sled and the NBC announcer was there and asked Jill 'How did you do it?' and Jill said 'We just had confidence," he said. "That gold medal made me awful proud. When Jill said 'We just had confidence,' to me that was justification for the whole process.'

It was a process that took some time to create with the WCAP athletes.

"There was all kinds of skepticism initially. I definitely had to sell myself, sell the program," Zinsser said. "I had to let them know I'm not a shrink, I'm not going to ask you about your dreams, your relationship with your mother, your birth order. I'm simply going to help you guys how to be more confident, more focused, by teaching you a perspective on success and a few particular skills that go along with it."

Biathlete Sgt. Kristina Sabasteanski made her second Olympic team this year. She had to compete with younger athletes for her Olympic spot this time, a feat she managed with help from Zinsser during the trials in late December.

"What's good with him is that there's so many factors you're focusing on and he sharpens what you should focus on. He gets you to focus on what will definitely help you. He's been an asset to us, she said. "Like he says, he's not a psychiatrist, he doesn't fix anything, he makes us realize our strengths. He makes us see what it will be like to win, what it will be like to shoot clean. For us, shooting is 95 percent mental, so it really helps.'

Besides distractions at giant events like the Olympics, Zinsser says, athletes must also overcome "paralysis-analysis."

"My work is to help people reduce the stimulus field, convince them that it's okay to be simple," he said. "Unfortunately we grew up in a world where the solution to everything is billed as think more, develop more complicated understand ing of things, and if you think wish we could have had more more and work harder at it, you'll be successful.

2-70th Armor wins post crown, 45-33

By Kevin Doheny

Staff Writer

It's not what you do during the regular seaon, but what you do during playoff time, vhich really matters. A team can win all it's games during the

egular season, and then lose in the playoffs, ausing their season to be a disappointment. It's what happens in the postseason, which

players earn their paychecks. No paychecks were earned Friday, but the rased early season disappointment to run the able in the 2002 Fort Riley Post Basketball

Cournament. 'We didn't play our best baskethall during mance was a perfect 10."
Armor led 21-14 at the half and never

looked back. HHC made a few runs in the second half, but Armor kept the pressure on and closed out the victory.

We wanted to come out and press because we didn't think they could handle our speed," said Jenkins. "They had big men, but they couldn't handle us.'

Armor didn't have the best record coming oldiers from 2nd Battalion, 70th Armor into the tournament, but they felt they had a good as a chance as anyone else in the bracket. They felt they needed to do certain things in order for them to be successful.

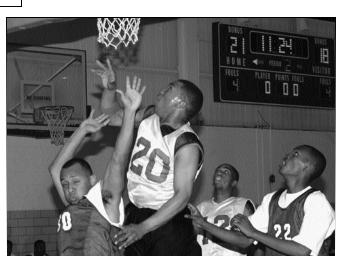
"We were the Cinderella's of the whole son. "We really didn't get a chance to play tournament," said Shawn Glover. "Our perfortogether, and we showed everybody how we can play when we are all on the same page.' Armor said they came in with a game plan,

but they most of all wanted to come in relaxed and focused on wining.

Some of the key performers for both teams were for HHC, Demetrius Mansfield and Frederick Murphy, who led their team in scoring. For Armor, Gibson, Glover and Thomas Glenson led the way for the post champions.

Armor also believes they can repeat their performance at Trooper Week, set for the last week in May.

"We want to let everybody know, we will order for them to be successful. be around during Trooper Week," said a group of the champions after they received their



Soldiers capture bobsled medals

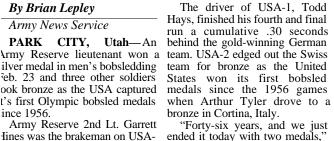
By Brian Lepley

Army News Service

PARK CITY, Utah—An ilver medal in men's bobsledding Feb. 23 and three other soldiers ook bronze as the USA captured t's first Olympic bobsled medals ince 1956.

Army Reserve 2nd Lt. Garrett lines was the brakeman on USA-, the four-man bobsleigh that ook second place Saturday in ront of 15,000 cowbell-clanging pectators at Utah Olympic Park.

Three of the four bobsledders vere soldiers on bronze-winning JSA-2. Virginia National Guard Spec. Mike Kohn and regular Army Spec. Doug Sharp were oushers on the sleigh and Oregon Guard Spec. Dan Steele was the rakeman. Civilian driver Brian Shimer, a five-time Olympian, ias been competing with the solliers for two years on their sleigh, rovided by the Army World Class Athlete program.



"Forty-six years, and we just ended it today with two medals," said jubilant guardsman Kohn about ending the United States' long bobsled drought with Shimer, who locked up the bronze on the last run of his last Olympics.

"There's no better time to be an Olympian and to represent your country than right now," Kohn said. "This has been a phenomenal Olympics, and this is the perfect way to end it."

Kohn from Chantilly, Va., and Steele from Eugene, Ore., became the Army Guard's first bobsled medal winners, along with active Army pusher Sharp from Jeffer-

sonville, Ind. They rode in the jetblack USA-2 sled that Shimer from Naples, Fla., rocketed from fifth to third on the next-to-last night of the Salt Lake City Games.

Kohn, 29, and Sharp, 32, are members of the U.S. Army's World Class Athlete Program.

Army Reservist Hines from Atlanta, Ga., was the brakeman on the bright red USA-1 sled that Hays drove to the silver medal during the four-man event's second day that abruptly turned from fair weather to foul between the final two decisive runs.

That made Hines, 32, one of just three African American athletes to ever win a Winter Olympics medal. Civilian Randy Jones from Winston-Salem, N.C., was another African American on the Hays team.

The Germany-2 team of Andre Lange won the gold medal with a combined four-run time of 3 minutes, 7.51 seconds, USA-1, which led the field after the first two runs on Friday, finished second in 3:07.81. The Shimer team charged from fifth place on Friday to the bronze medal on Saturday in the combined time of 3:07.86.

Shimer put together Saturday's second-fastest combined runs of 1:34:21. Only the winning German team roared down the eighttenths mile track faster - in 1:34.16.

Utah Army Guard soldier Jill Bakken, another Army world class athlete, set the stage the previous Tuesday by driving her twowoman sled to a gold medal in the first Olympic bobsled event for women. Her brakeman, civilian Vonetta Flowers from Alabama. became the first African American to ever claim a Winter Olympics medal.

Overall, the five soldiers made up nearly half of the U.S. bobsled team's 13 men and women competitors, and all five take home medals following Sunday night's closing ceremony.

Hines, a two-time Olympian, nearly won a bronze with Hays in the two-man event earlier last week, but they finished fourth, .03

Urbanization causes conflict

By Chad Richardson

USDA Wildlife Specialist

Most everyone would agree that it is exciting and educating to watch wildlife.

Often times the closer you can get, the more thrilling the experi-

when wildlife can get too close. Recently, coyotes and red fox have become

around the urbanized areas on Fort Riley.

quite visible

and

encouraging sign to see healthy wildlife populations so close to human dwellings. However, research has shown that this may not be the case.

Rural coyotes occupy a home range of 4-20 square miles. Coyotes that occupy urban areas inhabit as little as one-half to one square mile

Due to this severely decreased home range size, it is believed that a suburban landscape can support 10-20 times the natural carrying capacity for coyotes as compared to an undeveloped

Therefore, there may be too many coyotes and red fox living in these areas.

Humans have created this artificial environment by providing food in the form of trash or pet food left outdoors. In some cases, people directly feed the animals.

Urban landscaping such as bushes, shrubs and flower beds provide habitat for rodents and rabbits which in turn provide prey to red fox and coyotes.

Red fox can and do attack family pets, but because of their small size, they are not a serious threat to humans.

Conflicts between urban coyotes and humans can be a real threat.

The United States Department of Agriculture documents hun-However, there are times dreds of urban coyote conflicts each year nationwide and probably thousands go unreported.

News About Nature

also help out by harassing these animals when they get too close. Urban

coyotes and red fox need to be treated as if they were an unwanted dog in your

yard. Yell at them, clap your hands, pitch a stick at them, whatever it takes (within reason) to make them feel uncomfortable and run

observed on Fort Riley

correct this problem?

to fear us.

So what do we need to do to

Biologists on Fort Riley have

taken several steps to re-instill

fear of humans back into coyotes

and red fox that have learned not

never attempting to feed a wild

animal. Fort Riley residents can

Residents can help out by

Residents also need to be conscious of pet food that is left out-

This not only attracts coyotes and red fox, but it also attracts skunks, opossums, raccoons and other nuisance wildlife.

Be sure that your trash is tightly bagged and do not take trash to the curb until the morn-

ing of the pick-up day. Coyotes and red fox will learn to respect humans and keep their distance if these things are implemented.

Humans in turn will continue to respect the wildlife around us and watch it at a distance.

To report any nuisance wildlife problems contact the service order desk at 239-0900. For questions concerning nuisance wildlife contact the Conservation Division at 239-6975.

On the Wildside:

Urban covotes however are This may seem like an no longer simply a nuisance or just a threat to our pets.

> humans are not a threat in this urban environment. This learned behavior has gone so far that some coyotes have begun to see humans as

> > The 1981 tragic death of a three-year-old girl in Glendale, California was the result of a coyote attack and a wake up call to urban coyote problems.

Coyotes have learned that

Prior to 1981 coyote attacks on humans were thought to be rare. Coyote attacks on humans are no longer rare, over 100 coyote attacks on humans have been documented in the last 10 years (none in Kansas).

The behavior that coyotes exhibit prior to attacking humans is well documented.

This can include an increased presence of these animals in yards and streets during the day, attacking and killing pets such as cats and dogs and being seen in and around children's play areas and parks at midday.

Such behavior has been

CLUB ROSE

Black Only

club rose supplies

2 x 4"

House Ad Please Fill

JUNCTION CITY COUNTRY CLUB 2 x 3" Black Only Announcing Buffets

second behind the Swiss-2 sliders.

2 x 5.5' Black Only new times

US ARMY REENLISTMENT-ARM FORCE

2 x 6"

Black Only

You've never done things

ticksol

KANSAS PRESS

2 x 2" Black Only

KANSAS PRESS

2 x 2" Black Only safeb

GRANDVIEW PLAZA TEXACO 2 x 5"

Driver Brian Shimer, World Class Athletes Spec. Mike Kohn and Spec. Doug Sharp, and brakeman Dan Steele ome to a stop after finishing their third run for USA-2.

Black Only **Grandview Texaco**

> FIRST NATIONAL BANK - JC 4 x 2" Black Only see sch

Fort Riley Community

March 1, 2002

Proudly serving the Home of America's Army

Soldiers chefs gather at Fort Lee cook-off

By Jim Bolton

Fort Lee Public Affairs

FORT LEE, Va.— The veggies will soon be Championship liced and diced when he 27th Annual U.S. The Army Culinary Arts serves Competition kicks off March 4 at Fort Lee.

The American Culinary Federation sancng event in the military.

Teams must enter 14 eparate categories, to nclude live cooking, eam cold buffet, and a

3owl competition. More than 200 sollier-chefs from 22 re slated to compete ield environment cateories, static displays, nstallation of the Year, nd for individual Junior Chef and Chef of the

and Nutritional Hot Food Challenge, Ice Carving and Military Chef National Culinary

competition serves as an arena for military personnel to try out for the U.S. Army Culinary Arts Team. The USACAT was ioned competition is the crowned world champiremier culinary train- on in military catering at the Culinary Olympics held in Erfurt, Germany, October 2002.

Culinary exhibits at the Fort Lee Post Field-Culinary Knowledge house will be open to the public March 12-14. At the fieldhouse, there will be live culinary and ice nstallations world-wide carving demonstrations, a "Culinary Knowledge March 4-15 for individ- Bowl" and two-man all and team honors in teams will compete in the Nutritional Hot Food Challenge.

The first culinary competition had its beginnings in 1976 and Year. In addition, there has grown tremendously re Distinguished Mili- over the years, and is ary Chef of the Year, sanctioned by the Amerive Hot Food and Pas- ican Culinary Federa-

New incentives set for overseas tours if unaccompanied

By Marcia Triggs

Army News Service

WASHINGTON—Two programs have been evised to help stabilize soldiers returning from Corea and other dependent-restricted tours.

The Deployment Stabilization policy, along with he Homebase and Advanced Assignment Program
– known as HAAP — have been expanded, the Army G-1 recently announced.

After completing a tour in Korea or other depen-lent-restricted areas, soldiers will now be stabilized rom operational deployments for six months at heir new duty station. Before the most recent reviion, the Deployment Stabilization policy only iffected soldiers who had participated in "Operations other than War" deployments for a period of at east 30 consecutive days.

Personnel officials said the stabilization program - which applies to both officer and enlisted peronnel — was expanded to allow soldiers time to eacquaint themselves with families and provide ime to readjust to home station. It also rewards solliers for arduous periods of duty in which they were eparated from family members, officials said.

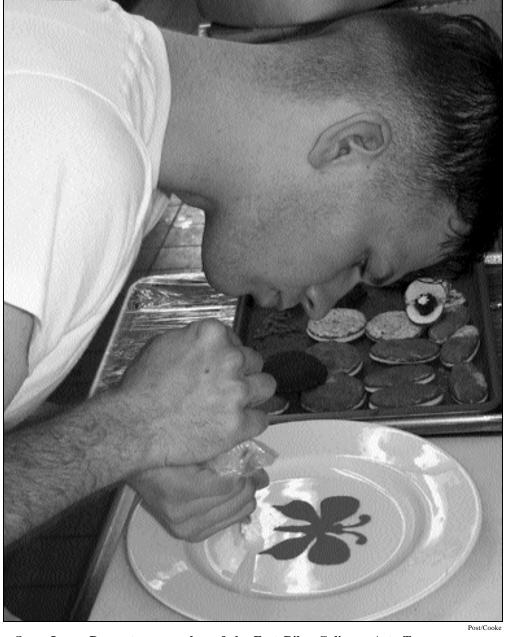
The Homebase and Advanced Assignment Proram is expanding to specialists and corporals who lave re-enlisted at least once, beginning March 1. IAAP participants can return to their current duty tation after completing a dependent-restricted tour or get orders to their follow-on station before leavng the country.

HAAP was established in the 1970s for officers nd noncommissioned officers to reduce permaient-change-of-station costs and increase stability or soldiers and their families, according to Kenneth Emerson, chief of the specialized support team for Enlisted Personnel Management Directorate, U.S. Total Army Personnel Command.

There are two options for soldiers under HAAP: ither homebase assignments or advanced assign-

Under the homebase assignment option, soldiers an leave their family members at their current nstallation and then return for another tour after completing a dependent-restricted tour. Families esiding on post will be able to remain in housing.

See Tours Page 8



Spec. James Perry, team member of the Fort Riley Culinary Arts Team, prepares a creamed red velvet truffle dessert; a dish he will use when he competes next month.

Chefs prep for Fort Lee

By Steven Cooke

19th Public Affairs Det.

"The cuisine was exquisite. You don't get a lot of visibility of this kind of cuisine in the military," said Sgt. 1st Class Mark Clark, 937th Engineer Group.

The Fort Riley Culinary Arts
Team presented a display of what clarks in the military." Said Sgt. 1st Class Mark Clark, 937th Engineer Group.

The Fort Riley Culinary Arts
Team presented a display of what clarks in the military in the military.

they have in store on Feb.22 for the 27th Annual U.S. Army Culinary Arts Competition to members of the Fort Riley community.

The exhibit is to show the post they're not wasting their time or money," said Keith Shorter, team manager.

sight. With a Shakespearean theme, the display table's main centerpiece was a four-foot struc ture of Romeo and Juliet made out of salt dough.

"Everything used has to be made of edible materials." said Shorter, "Salt dough is mainly used for sculpting, not really eating though."

Using every inch of table space, elegantly displayed were two dessert platters, a sevencourse meal, a four-course meal and a three-course meal.

The cooks involved in prepara tion of the meals and platters walked around explaining what creates a matador centerthey made and how they made it.

Sgt. Felicia Thomas, team she said people really like her red member, made a dessert platter which included a dish called "Red Velvet Crush of Romeo and Juli-

"It's made of red velvet cake, chocolate syrup and cream cheese and pecan frosting," said Thomas, "It's a twist on an old southern classic recipe."

She selected the dish because



Adam Gendreau, Spec. piece out of salt dough.

velvet cake.

Thomas said that it doesn't take very long to make the cake but it took three days to make the presentation.

In addition to the display, guests partook in a buffet of dishes the cooks planned to prepare in their competitions. On the menu was chicken and spinach lasagna with marsala creamed sauce, herb roasted beef tenderloin, Greek style baked fish, fresh beans, shrimp and sun dried tomato penne pasta, rosemary roasted fresh new potatoes, amaretto cheesecake and fruit punch.

impressed.

"I am confident when this task force goes to Fort Lee they will do us proud," said Maj. Gen. Thomas Metz, commanding general 24th Infantry Division (Mechanized) and Fort Riley. He told the cooks to, "Do the very best you can and I'm absolutely sure you will come out where you need to...on top."

"I thought it was really a great event," said Master Sgt. Vera Hannah, post food services. "The food was excellent. Anybody can cook but you could tell they put everything they had into it."

"It was beautiful," said 1st Lt.

See Chefs Page 8

Enrollment in DEERS required for treatment

From TRICARE

TRICARE For Life has provided health benefits to approximately 1.5 million beneficiaries age 65 and older.

This health benefit serves the healthcare needs of retired uniform service members and eligible dependents who are 65 years old, Medicare eligible and have purchased Part B

of Medicare.
TRICARE For Life is a provision of the National Defense Authorization Act that came into effect Oct. 1, 2001.

One-and-a-half million beneficiaries age 65 and over are offered pharmacy benefits and for TRICARE to be the second payer to their Medicare health care claims. More than 3.1 million healthcare claims

have been paid since the program started, according to a TriWest Healthcare Alliance of Phoenix, Ariz. press release, Feb. 7. However, a number of health claims were

denied at first due to the person being identified as ineligible for TRICARE For Life in the Defense Eligibility Records System.

The reason for denial of the health claim filings was due to individuals failing to update their information in DEERS.

The DEERS database shows 'expired eligi-

bility' when their name is brought up in this

system.

DoD policy requires re-verification of your information in the DEERS database every four years

On Feb. 7, the press release reports DoD's announcement that - "TRICARE claims will be paid for a limited time for TRICARE For Life beneficiaries with 'expired eligibility' in

Claims filed beginning Oct. 1, 2001 but denied due to 'expired eligibility' will be automatically reprocessed. Neither beneficiaries nor providers will be required to resubmit the denied claims.'

Beneficiaries are given until Aug. 1 to update their information in DEERS. Until the re-verification of their DEERS information is

done, their health claims will be denied.

A quote taken from Dr. William Winkenwerder, Assistant Secretary of Defense of Health Affairs said he wants to ensure that military health care beneficiaries, especially those who are re-entering the Military Health System and will be using TRICARE for the first time, have a good experience with it and do receive their rightful benefits.

Winkenwerder said the Defense for Health Affairs will do everything it can to overcome initial difficulties and it's understandable that problems may arise due to elderly beneficiaries who haven't used their military benefits in years, or haven't kept their military eligibility files updated, or don't know how to contact the military.

He said the Defense Health Services are working with DoD leaders who manage the DEERS system, The Military Coalition, and the National Military and Veterans Alliance to redouble our outreach to these beneficiaries.

For beneficiaries who have received an Explanation of Benefits stating that they need to get a new military ID card should go to Fort Riley's ID Card Center, Personnel Services Battalion, Bldg. 7808 Graves St., Custer

The ID Card Center is open Mondays Tuesdays, Wednesdays and Fridays, 9 a.m.noon and 1-4 p.m.

For more information on how to update or re-verify eligibility call the toll-free number 1-800-361-2620.

More information on TRICARE For Life may be found on the TRICARE website www.tricare.osd.mil or call the TRICARE

Information Center's toll free number 1-877-

Specialist tells her story of joining Army after high school

By Karen E. Hinkle

K-State Intern

It1s almost impossible to leave her office without feeling some of the energy his young woman brings to her work and ier life every day.

Spec. Jessica Medugno from East Moline, Ill., joined the Army immediatey after high school and has hardly teams. She also participated in her school's lettermens' club. In addition to sports, Medugno was a student council



didate, edited the school yearbook and was captain of the cross country team. Her diligent work ethic and enthusi-

asm for sports may offer an insight to her success in the army, as does her attention to detail and her willingness to learn.

"She's a bundle of energy," CSM Roland Holland said of the 21-year-old administrative assistant. "Keeping her cooped up in that little room of her's is

high school sports, she¹s taken on volley-

ball and bowling.
"She's always been kind of adventurous, kind of ambitious,"said Connie Partain, her mother.

Finding an outlet for that adventuresome spirit is one reason Medugno decided to join the Army.

"I wanted to do something crazy," she said. She's gotten to those crazy things

That respect is something she now receives. Last year, Medugno was named Fort Riley Female Athlete of the Year and AG Soldier of the Year. She is currently the 937th/PSB Soldier of the Quarter.

Medugno's mother is very proud of her accomplishments so far, but she wasn't always thrilled with the idea of her daughter joining the Army. When Medugno first told her mother she want-

Families celebrate culture on roller skates

By Vicki Ohmacht

Child Development Center

Preschool children from the Child Develpment Center had a chance to show off their newfound skating skills recently as part of a Family Day" cultural celebration at Riley Wheels. Twenty-four children from the CDC's Module Nine participated, along with 24 parents and three staff members. In addition to kating games, the children made keychains and bracelets, as well as coloring a banner.

The event was planned "to promote the amily," according to Vanessa Ingram, lead ducation technician.

"We wanted to give the parents another hance to be with their children during the ime they are normally at daycare, and it was Ilso a chance for our staff to have a different ind of experience with the parents where hey could socialize and talk," Ingram said. We discovered some of the children were irst-time skaters, so the parents had a chance o participate in a teaching experience, as

One parent said she was amazed at her our-year-old daughter's skating skills.

"It was Kyra's first time at skating, and she lid very well. I thought she would be scared, nut she said, 'No, Mommy, I can do it by nyself,'" April Morgan said. A childhood kater herself, April and her husband, Spec. Edwin Morgan of Headquarters and Headnuarters Battery, 4th Battalion, 1st Field Artillery decided to participate in the skating event "to spend time with my daughter and lave fun as a family."

"Parents are so busy at times, especially in ly," Morgan added. "It brings out the kid in a military community, so they have the poten-you." tial to miss out on a lot of fun," Ingram went on to say. "The staff said they really enjoyed the experience, too."

"We plan on going skating again as a fami - For more information, call 239-4847.

The CDC offers care for children ages 6 weeks to 5 years of age. The CDC also has a part-day preschool program for 3-5 year olds.



Spec. Edwin Morgan skates with his daughter, Kyra, during a recent "Family Day" at Riley Wheels.

Tours continued from page 7

Homebase is the option used said. nost, said Lt. Col. Noble Lugo, a Office of the Deputy Chief of Staff for Personnel.

Soldiers who receive a homepase assignment must sign a statenent indicating that they undertand the intent of the program ind know that they are expected ot to use their dependent PCS entitlements unless the assignnent is cancelled, according to AR-614-200 Enlisted Assignnents and Utilization Manage-

The second part of HAAP is dvance assignment. Along with heir assignment notification to a lependent restricted tour, soldiers vill also receive the location of heir follow-on assignment before eaving the country, Emerson

"In the past, soldiers had little inance action officer with the input into their follow-on assignments and those that tried relied on DA Form 4187s to inform PERSCOM of assignment preferences," Emerson said. "Now through the Assignment Satisfac-

> "Our goal is to provide stability by making an assignment commitment to the soldier and family prior to the soldier's departure.

-Kenneth Emerson **Personnel Command** opportunity to influence their next duty assignment."

ASK is an Internet tool that allows soldiers the capability to post assignment preference information directly onto the Total Army Personnel Database. Soldiers will need to use their Army Knowledge Online account password to gain access to the information. Army Chief of Staff Gen. Eric K. Shinseki has directed that all soldiers get an AKO account.

In many cases families who are moved to the follow-on location are not granted on-post housing, Lugo said. It's an installation decision, he added.

The decision to extend HAAP to eligible specialists and corporals came after senior leadership in Korea requested that all sol-

tion Key, ASK, soldiers have the diers be included in HAAP, Emerson said. However, it would be difficult to manage and would hinder readiness flexibility if expanded to the entire enlisted force, Emerson said.

"Our goal is to provide stability by making an assignment commitment to the soldier and family prior to the soldier's departure."

PERSCOM's goal is to match HAAPs with soldiers' assignment preferences, officials said, but added there will be cases where the soldiers' preferences cannot be met because of Army Manning the Force priorities. The expanding of HAAP to selected specialists and corporals will not apply to soldiers currently in Korea or placed on assignment instructions prior to March 1, officials explained.

Medugno continued from page 7

talk with her daughter, Partain became very supportive of her daughter's decision. If that's what her daughter wanted to do, Partain said, she would be behind her. That motherly support definitely paid off. "I'm pretty proud of her," Partain said.

What1s next for Medugno? The ambitious athlete wants to move to Germany with her husband, and she eventually wants to become a nurse, like her mother.

As Holland said, "She'd do anybody proud." Editor's Note: This month, the

Fort Riley Post will highlight female soldiers recommended by their chains of command.



Spec. Jessica Medugno

Chets continued from page 7

Tameka Bowser, MEDDAC. "I butterflies. put together the Shakespeare theme. Great variety of flavors."

The team of 12 cooks will travel to Fort Lee, Va., to represent Fort Riley March 2-15.

"The team was chosen in Janu ary and began preparing on the first of Feb.," said Shorter. The team members were chosen based on performances in a culinary

competition in • November. The competi-

tion consists of individual and team categories. Each category is broken down into different fields of competition. Among them are Senior and Junior Chef of the Year. ice carving, knowledge bowl and centerpieces.

There are also several meal sections where cooks have to prepare three, four and seven-course meals. In the field cooking section, the team will have to put a creative spin on the usual meals served in the field. Last year, Fort Riley finished in third place in

this category, said Shorter. Though team members said they were confident they would do well, some have their share of

"I'm going to

Fort Lee to learn

If I win a medal.

then that's just a

—Spec. David Warring

Culinary Arts Team Member

bonus."

as much as I can.

"I'm kind of nervous," said Cpl. Carlos Quiles. "I competed in the junior competition before. They gave us a standard military recipe. For the senior they give us a mystery basket and we have to prepare a four course meal."

"I was nervous," said Thomas, who compares the event to the Olympics of food service.

"I'm never satisfied no matter how many people tell you how nice it looked I'm always trying to improve. It was very encouraging to speak to the general about my presentation."
Spec. David

Warring, team member competing in several sections including the

junior chef of the year, had a good attitude.

'This is a big learning experience," said Warring. "For me, I'm going to Fort Lee to learn as much as I can. If I win a medal, then that's just a bonus."

And it's all about the learning experience according to Shorter, "Hopefully these guys will take what they learn back to their

SERVICE DIRECTORY 6 x 10.5" Black Only



Fort Riley Post





Page 9

Information, Ticketing Reservations

Information, Ticketing & Registration s located in the Leisure Travel Center, 3ldg. 6918 (across from the PX) and has surrent information and tickets to surounding area attractions, dinner theater, concerts, stage productions and movie heatres. Before making vacation plans, heck out the maps and travel brochures rom across the U.S. ITR also assists in group travel plans.

Active/retired military, Department of Army Civilians and family members are uthorized to use the ITR Office for eisure travel services. Call 239-614/4415 for further information.

Tickets are available for purchase with ash, check, MC, VISA and AE. Prices re subject to change.

Hours of Operation: Monday-Frilay, 9 a.m.-6 p.m. closed on Sundays cal districts. Breckenridge is consistent-

Oldies 98.5's Rock 'N Roll Revival **IV**—Certainly the music is some of the most memorable from the 50/60s era and some of the most popular stars of the era are coming to Salina. Bobby Vee, The Contours, Jewel Akens', Don & Juan & Kathy Young brings Rock N Roll to the Bicentennial Center April 13. Tickets are now available through ITR.

Discount Movie Tickets are available for Carmike Theater in Manhattan and Westside Twin in Junction City at discounts. Enjoy an evening show at matinee ticket price. Buy several as they can be used within a year of purchase.

Breckenridge Ski Resort—With over 171 registered buildings, Breckenridge boasts one of Colorado's largest histori-

ly rated as one of the most exciting mountain resorts in the country. Visitors can choose from outstanding fine cuisine restaurants, cozy bistros, and outrageous dance clubs. With over 200 shops, art galleries, and restaurants, Breckenridge offers something for everyone. ITR will assist you with "Ski Colorado" packaging for Winter Park, Keystone/Breckenridge, Sol Vista Golf & Ski Ranch and Vail. Discounted military lift tickets are

now available. Armed Forces Vacation Club-Resort condominium rentals for only \$234 per week throughout the U.S. and overseas locations. How about Florida or California? Discount attraction tickets are also available for both destinations. Call ITR for information.

ITR Cruises—Thirty six military

about cruising as a vacation option. Cruise Line International Association conducted the training, CLIA represents all companies that form the world-wide cruise industry.

The 40 hours of training included lectures, video presentations, class discussions and tests. Seventeen Army managers earned their CLIA certification as accredited cruise counselors, which will allow them to sell cruises to members of their military communities from their Information, Ticketing and Reservation

Authorized patrons can start taking and bargain cruises. Stop by ITR, Bldg. 6918 (across from PX) for brochures and information concerning Carnival Cruise discounted lift tickets

ticket and tour office managers learned Line, Holland America, Royal Caribbean and Disney Cruises. Or make an appointment with Teresa at 239-5614/4415 and plan your next get-a-way

Sol Vista Golf and Ski Ranch—Set high in the Colorado Rockies, Sol Vista Golf and Ski Ranch evokes the kind of Western charm and small-town friendliness that our guests truly cherish. Sol Vista has Colorado's second-largest night skiing acreage. T

here's more to winter at Sol Vista than iust skiing! They have a wide array of fun-filled activities for everyone to enjoy and you can find it all at the base area. So, if the kids want to go snow biking advantage of special military discounts and the adults want to take a snowshoe tour, it's all right here. Stop by ITR for brochures, ski packaging and military

Army expands worldwide recreation options for soldiers

The Army has announced that t will add more rooms to its Armed Forces Recreation Center it Walt Disney World Resort and build a new hotel in the heart of 3avaria, Germany.

These projects, estimated at 3130 million, pose no cost to the axpayer. Construction is funded by revenues generated from the commercial loan which will be epaid by the AFRCs. The AFRCs provide recreation opportunities or Defense Department personiel and their families.

"During a time when we are sking so much from our Armed Forces and their families, quality of life issues become more impor-ant than ever," said Brig. Gen. Fony Taguba, commander of the J.S. Army Community and Famiy Support Center. "These new dditions offer us two very tangile ways to say 'thank you' to our nilitary personnel, Defense Department civilians, and their amilies by offering them affordble, quality vacation destina-

The new 330-room hotel in 3armisch, an hour south of Munich, Germany, at the foot of he Bavarian Alps, will replace he service offered by four older iotels currently operating in Chiemsee and Garmisch. The 65rear-old facilities are not built to nodern hotel standards and are ostly to operate.

"It's cheaper to build a new iotel than to renovate the existing

House Ad please Fill

THE AMERICAN LEGION 1 x 1" Black Only Sat., 2 March

U.S. Army Community and Family Support Center in Alexandria, Va., which oversees the Armed Forces Recreation Centers.

In Orlando, Florida, Shades of Resort(r) has proven so popular that the Army is adding 299 guest Army's four Armed Forces Recre- rooms. The Army leased the 287tion Centers and will include a room Disney Inn in 1993 and bought it in 1996.

We've been turning away as many customers as we take," said Isaacs. "Ever since we opened in

KANSAS PRESS

HEARTLAND TRADING CO.

2 x 2"

Black Only hbfebcombo

Black Only

truck load sale

properties," said Peter F. Isaacs, 1994, our occupancy rate has Chief Operating Officer of the been consistently at over 95 per-1994, our occupancy rate has cent and lately as high as 99 percent. We just don't have enough rooms to satisfy the demand. That's why we're adding on.'

The Shades of Green hotel will Green at Walt Disney World close during the estimated 18 months of construction slated to begin in April. Isaacs said keeping the hotel open during expansion would have a negative impact on guests and require costand extraordinary efforts to maintain security.

"By closing the hotel com-

pletely, we'll reduce construction rable rates. time by six months and reduce the cost of the project by \$6 million," said Isaacs. The newly expanded hotel is expected to re-open in September 2003. In the meantime, a staff of AFRC representatives will continue operations in Orlando to assist military travelers to the Orlando area in finding

GEARY REHABILITATION CEN-TER 1 x 4" Black Only If the president can find time

other accommodations at compa-

Recreation Centers for the operation since 1975.

OMNI FINANCIAL CORPORATION

Defense Department - the Dragon In addition to the Orlando and Hill Lodge in Yongsan, Korea, Garmisch sites, CFSC also man- and the Hale Koa Hotel in Honages two other Armed Forces olulu, Hawaii, which has been in

2 x 5" Black Only Click today/p/u from Feb.

CASS COMMUNICATIONS, INC. 3 x 10.5" Black Only In Theatres March 1st

FAITH FURNITURE 3 x 7.5" Black Only for pat